



# PRINCESS PATTERN

A daily guide to cruise activities 

KUSADASI • WEDNESDAY, OCTOBER 1, 2008 • GRAND PRINCESS  
Sunrise 7:00am • Sunset 6:50pm • Tonight's Dress: Smart Casual

## Welcome to Kusadasi



From the port city of Kusadasi, travel back into ancient times at Ephesus, one of the most fascinating archaeological sites available to the modern day traveler. The beautifully restored ruins are so evocative, it is easy to imagine the days when Ephesus was the capital of Asia Minor and a major commercial center. View the

marvelous facade of the Library of Celsus with its graceful columns and porticoes. Climb the steps to the top of the Great Theater and imagine yourself in the audience when St. Paul made his famous speech to the Ephesians. You can even visit several of Christendom's most holy sites. The house where Mary, the mother of Jesus, spent her last days and the Basilica marking the tomb of John, Jesus' most beloved disciple, are held in veneration by Christian pilgrims from around the world.

## Spotlight on...The Lotus Fitness Center

The Lotus Fitness Center, situated on Deck 15 Forward, provides something for everyone from the cardiovascular equipment, machine weights and a wide variety of free weights to some of the latest concepts in the fitness industry, such as the "Pathway to Yoga Program" and the "Pilates Program". Pathway to Yoga is an introduction to Yoga with two levels, suitable for the complete beginner right through to the experienced Yogi. The Pilates Program is a mind and body form of exercise focusing on improving core strength, flexibility and overall body tone. The Grand Princess is currently the only cruise ship to provide both one to one mat based Pilates programs and one to one Pilates Body Reformer Programs.

## FROM THE NAVIGATOR



After clearing the berth we disembarked our pilot and set north towards Kusadasi. Early this morning the ship entered into Kusadasi Korfezi which is we followed on an easterly heading, passing Samos at 5 nautical miles to starboard before making our final approaches. Kusadasi, which means "Bird Island" is located in the Aegean region of Turkey and is know for its turquoise waters, broad sandy beaches and bright sun.

### WEATHER:

Wind: Northerly light air  
Temperature: 24°C / 75°C  
Sky: Sunny  
Sea State: Slight seas

### SHIP'S AGENT IN KUSADASI

Merkez Deniz Acenteligi Ticaret A.S.  
Inebolu Caddesi, Dunya Han 21/3  
Setustu - Kabatas,  
Istanbul, Turkey 34427  
Tel. No.: 90 212 251 0962

## TODAY'S HIGHLIGHTS

Events and activities not to be missed

### ENTERTAINMENT

#### PRINCESS THEATER

Promenade, Decks 6 & 7 Forward

8:30pm & 10:30pm

#### COMEDY SHOWTIME

Starring: Direct from London Palladium  
International Comedian

#### RIKKI JAY

"He's fast...he's funny... and he's  
calorie free!"

MC: Cruise Director Paul

Audio or video taping is prohibited due to copyright.  
No savings of seats please.

### ENTERTAINMENT

#### VISTA LOUNGE

Promenade Deck 7 Aft

7:00pm

(Final Performance)

#### THE PRODUCTION SHOW

#### MOTOR CITY

"A Tribute to the Great Motown Artists"

Starring: THE GRAND PRINCESS  
SINGERS & DANCERS

MC: Deputy Cruise Director Stu  
Music by the Grand Princess Orchestra

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### FEATURED TODAY...

#### PRINCESS REFLECTIONS VIDEO

The Grand Princess Video Team is creating a personalized souvenir of your cruise vacation on DVD or VHS to last a lifetime. The "Reflections Video" includes many of the tours on the cruise, the ports of call, Ship board events and behind the scenes of the Grand Princess. The Video staff also go behind the scenes on the ship so you can tour the galley, the bridge and engine room. Preview the "Reflections Video" on Channel 19 or at the Photo Gallery. Order the "Reflections Video" at the Photo Gallery at anytime and have all your memories of this amazing cruise vacation on DVD or VHS. Make sure you remember to give us a wave and maybe you'll find yourself the star of the show!



## TURKEY AT A GLANCE

**SIZE:** 301,381 sq. miles, twice the size of California

**POPULATION:** 71,158,647 (July 2007 est.)

**LANGUAGE:** Turkish is the official language

**CAPITAL:** Ankara

**TYPE OF GOVERNMENT:** Republican Parliamentary Democracy

**CURRENCY:** Turkish Lira

**TIME ZONE:** GMT +3

### ABOUT YOUR PORT GUIDE

This is your guide to Kusadasi, specially prepared by Princess Cruises. This guide is intended to assist you if you are on a shore excursion, touring independently or doing both.

Please note that the information provided is general in nature and is subject to change.

## *Just a few years ago, Kusadasi looked like any other sleepy fishing village.*

There were only a few buildings of note. Castillo de Santa Catalina, a Genoese castle dating from the 13th century, was later used as a base by the pirate Barbarossa and his brothers.

There is also a large Caravansary built in 1613 by the Turkish governor Mehmet Pasha. Originally designed as a haven for passing merchants and their camels, it has now been renovated as a luxury hotel.

The local Bazaar has also grown to be one of Turkey's largest markets for leather goods, jewelry, and oriental rugs. Only the Grand Bazaar in Istanbul is bigger.

The entire town has been transformed into a center for tourists, with access to Ephesus and the entire Ionian coast.

Ionian Greeks settled this part of Asia Minor as early as the 10th century B.C. They founded cities around the finest natural harbors in the Mediterranean, and rapidly became an important commercial zone.

These Ionian Greeks made important contributions to the commerce and culture of the Aegean region. In fact, many of the earliest Greek philosophers and thinkers lived here along the Ionian coast, and not in mainland Greece.

The conflict that led to the Greek-Persian Wars also began here. The Greeks resisted the encroachments of the Persian Emperor Darius, and later his son, Xerxes. When Athens and mainland Greece supported their cousins against Persia, the conflict became general, and

ended only when the Persians failed to subdue the Greek cities.

Smyrna may be the birthplace of the poet Homer. Since Homer's Iliad is about the siege of Troy, it is significant that Smyrna is little more than 200 miles from ancient Troy. He was certainly familiar with the local tales and legends of the epic siege, on which he based his work.

East of Smyrna was Sardis, capital of the kingdom of Lydia. The first metal coins were probably minted here. Lydia conquered Ephesus and established itself as a regional power.

Pergamum was once known for a huge altar honoring Zeus. The altar was discovered by German archaeologists a century ago and is displayed in a Berlin museum today. Pergamum also had one of the greatest libraries of antiquity, with more than 200,000 volumes. The only greater library was at Alexandria in Egypt.

One of the ancient world's medical centers was the Asclepeium there, known for healthy spring water, massage, mud baths, and herbal cures. The great 2nd-century physician Galen was a native of Pergamum.

Ephesus temporarily replaced Smyrna as the commercial capital of Asia Minor until its river port silted up in the 3rd century. Another claim to fame was the cult of Artemis at Ephesus. A huge temple was built to house the statue of the multi-breasted goddess, a popular and powerful

symbol of fertility. St. Paul preached against the shrine with mixed results. He later wrote his Letter to the Ephesians, which remains one of his finest works.

St. John likely wrote his Gospel here, and addresses part of the Book of Revelation, indicating that he knew the region well. Among his "Seven Cities of Asia" are Ephesus, Smyrna, Pergamum and Sardis. Ephesus was also home to Polycarp, an early bishop and martyr.

Tradition also says that both Mary, the mother of Jesus, and John the Evangelist lived at Ephesus during their final years. Mary and John are revered by both Christians and Moslems.

A visit to Ephesus will put you in touch with some of this area's most stunning ancient ruins. There is an Odeon, or small theater, with a capacity of 1,400. It was also used for public meetings of the city council. The Magnesian Gate and Town Hall are near at hand.

The impressive Library of Celsus stands at the foot of the main street. Its stately two-level facade is being carefully restored. The interior walls were designed to display 12,000 scrolls in niches, which protected them from the humidity.

The Temples of Domitian and Hadrian are impressive, and the Great Theater (which is still in use) seats 25,000 spectators.

Harbor Street – also known as the Arcadian Way – connected the port

district with the center of town. Beautiful colonnades on both sides and marble pavement made a dazzling first impression on visiting dignitaries. It was one of the rare ancient streets to be lit by lamps at night.

Some distance away, you can see the ruins of the massive Temple of Artemis, which was several times larger than the Parthenon. There had been temples here as early as the 7th century B.C.; this one was completed about 430.

Even in its abandoned state, Ephesus remains an awe-inspiring city, in an amazing setting. The Ionians lived well and wisely. Even those who live in great luxury today must tip their hats to these imaginative people.



Library at Ephesus

## Places of Interest

In Kusadasi, whitewashed stone houses rise in tiers behind the market district. The palm-lined esplanade is the center of town life, with thousands of merchants offering wares to rival the Grand Bazaar in Istanbul.

### EPHESUS

The Magnesia Gate entrance leads to a downhill, marble-paved road into the ruins of this Roman provincial capital and continues past the Odeum, the Celsus Library, the Temple of Hadrian, the Fountain of Trajan and the Great Theater. The theater had seating for 25,000 and is the site where St. Paul preached to the Ephesians.

### BASILICA OF ST. JOHN

Built by the Emperor Justinian over the tomb of St. John the Apostle, the Basilica, now in ruins, apart from a number of graceful columns and colorful mosaics, once rivaled St. Sophia in size.

### HOUSE OF THE VIRGIN MARY

The Vatican has recognized this small house in the Solmissos Mountains as the final resting place of the Virgin Mary. A small shrine dedicated to St. Mary was found when the ruins of the house were first discovered.

### EPHESUS MUSEUM

This small museum in Selcuk boasts an incredible collection of Hellenistic and Roman statues, carved reliefs and artifacts unearthed from the ruins of Ephesus.

### ST. MARY'S CHURCH

Located inside Ephesus, the church was used for the education of the Ephesian priests and is believed to be the first church in the world dedicated to the Virgin Mary. The Third Ecumenical Council was held in this building in 431 A.D.

### MILETUS

These ancient ruins lie on a hill near the Aegean Sea and feature an ancient theater, built around 4th century B.C. to accommodate over 15,000 spectators along with the well-preserved Bath of Faustina, named after the wife of Marcus Aurelius, who ordered their construction.

### DIDYMA

The entrance to the Temple of Apollo, one of the largest temples from the Hellenistic Period, is marked by a marble Persian lion. A grand stairway leads to 103 remarkably well-preserved Ionian columns, some still stretching toward the heavens. The colossal scale of the monument, intended to dwarf the pilgrim, placed man in an inferior relationship with the gods.

### CAMLIK STEAM LOCOMOTIVE MUSEUM

The largest locomotive museum in Turkey accommodates 41 steam trains from all over the world and includes those once used by Ottoman & Turkish Rail.

### SIRINCE VILLAGE

The perfect synthesis of Turkish-Greek culture; stroll through the streets and see the typical Greek houses and its charming church dedicated to St. John.

## Practical Information

### DOCKING

Your Princess ship docks at Kusadasi Jetty in Kusadasi.

### SHORE EXCURSION DEPARTURES

Passengers will meet at a specific location for each shore excursion departure. Please refer to your tour ticket and the Princess Patter for the correct place and time.

### TAXIS

Taxis are available outside the port gates. Few drivers speak English. U.S. dollars, British pounds and Euros are widely accepted in addition to local currency. Confirm your fare with driver before departing.

### SHOPPING

Throughout Turkey, bargaining is expected.

As a general rule of thumb, start at about 60 percent of the asking price and be prepared to pay about 75 percent. You'll find good buys in: **Alabaster and Onyx:** A wide variety of uniquely carved objects

**Pottery:** Hand-painted Kutahya pieces

**Clothing:** Authentic and modern outfits, slippers and leather goods

**Jewelry:** Colorfully handcrafted necklaces, bracelets and earrings

**Carpets and Textiles:** Beautiful designs in all shapes and sizes

**Also Brass and Copper**

The main shopping street is Barbaros Hayrettin Boulevard in Town Center, which is located near the pier.

### OPENING AND CLOSING TIMES

**Banks:** Local banks, including Akbank, Garanti and Isbank, are generally open Monday through Friday from 8:30 a.m. to 5:30 p.m.

**Shops:** Local shops generally remain open throughout the ship's stay in port.

**Post Office:** The nearest location is on Barbaros Hayrettin Boulevard. Open daily from 8:30 a.m. to 5 p.m.

### PROPER ATTIRE

Please wear proper attire ashore when planning to visit churches, cathedrals, mosques and other sacred places. Shorts for both men and women are considered improper. Women should also cover their bare shoulders.

### LOCAL CUISINE

#### Food Specialties

The food in Turkey can be a real pleasure, especially if you like seafood. Recommended foods include:

**Athopot Salatasi:** A cold octopus salad, often with shrimps, and tossed in olive oil, vinegar and parsley

**Dolma:** The general name for a variety of stuffed dishes, one of the best being mussels stuffed with rice, pine nuts and currants

**Grilled Fish:** Try palamut (baby tuna), lufer (bluefish) and levrek (sea bass).

#### Drink Specialties

The national drink is raki, which is similar to Greek ouzo, made from grapes and aniseed. There are also a number of good local wines in Turkey. They include:

**Villa Doluca:** White and red

**Kavaklidere:** White and red

It is always recommended that you drink bottled water while in port.

### TIPPING

Suggested tipping is 15 to 20 percent for good service.

### SOME USEFUL WORDS

Yes . . . . . Evet

No . . . . . Hayir

Please . . . . . Lutfen

Thank you . . . . . Tesekkür ederim

### CLIMATE

Kusadasi has a typical Mediterranean climate with mild winters and hot summers, with temperatures rising above 86 degrees F in July and August. Showers are unlikely in the summer months, but the rainfall is quite high in winter. Kusadasi enjoys over 300 days of sunshine per year.

### PRINCESS CRUISES AGENTS

In case of emergency while you are ashore, please contact the agent's Istanbul office:

Merkez Deniz Acenteligi

Inebolu Caddesi,

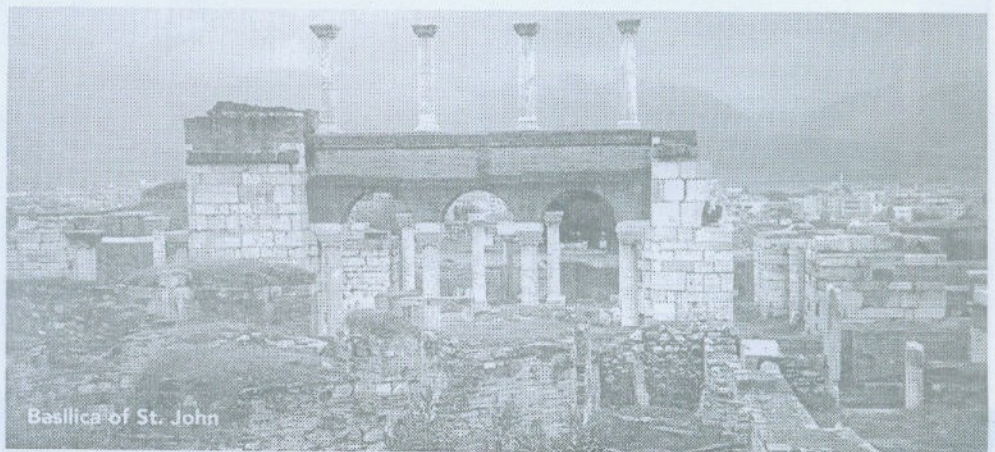
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Basilica of St. John



km 0.1 0.2 0.3 0.4 0.5  
mi 0.1 0.2 0.3

AEGEAN SEA

